



2022 HEP Required Exams and Screenings

Preventive Screenings	Age						
	0 – 5	6 – 17	18 – 24	25 – 29	30 – 39	40 – 49	50+
Preventive visit	1 per year	1 every other year	Every 3 years	Every 3 years	Every 3 years	Every 2 years	Every year
Vision exam	N/A	N/A	Every 7 years	Every 7 years	Every 7 years	Every 4 years	50 – 64: Every 3 years 65+: Every 2 years
Dental cleanings*	N/A	At least 1 per year	At least 1 per year	At least 1 per year	At least 1 per year	At least 1 per year	At least 1 per year
Cholesterol screening	N/A	N/A	Every 5 years (20+)	Every 5 years	Every 5 years	Every 5 years	Every 5 years
Breast cancer screening (mammogram)	N/A	N/A	N/A	N/A	N/A	1 screening between age 45 and 49**	As recommended by physician
Cervical cancer screening (Pap smear)	N/A	N/A	Every 3 years (21+)	Every 3 years	Every 3 years, or Pap and HPV combo screening every 5 years	Every 3 years, or Pap and HPV combo screening every 5 years	50 – 65: Every 3 years, or Pap and HPV combo screening every 5 years
Colorectal cancer screening	N/A	N/A	N/A	N/A	N/A	New! Starting at age 45: Colonoscopy every 10 years, annual fecal immunochemical test and fecal occult blood test to age 75, or Cologuard screening every 3 years	Colonoscopy every 10 years, annual fecal immunochemical test and fecal occult blood test to age 75, or Cologuard screening every 3 years

* Dental cleanings are required for family members who are participating in one of the state dental plans.

** Or as recommended by your physician