



PROFESSIONAL DEVELOPMENT SEMINAR
Water's Edge, 1525 Boston Post Road, Westbrook, CT
Friday October 27, 2023
8:30 AM – 4:30 PM

This event is for active A&R members only and there is no cost to attend, however, there is very limited spacing for this indoor, in-person event. Lunch will be served along with a continental breakfast/coffee in the morning. Each attendee will be scheduled to attend each of the four presentations:

- De-Cluttering (Susan Lovallo)***
- Emotional Intelligence (Mark Petruzzi)***
- Neuroplasticity, Train the Brain (Margaret DeMarino)***
- Succeeding in a Telework Environment (SkillsPath)***

Check-in begins at 7:30AM on October 27th and presentations begin at 8:30AM and run through 4:30PM. Each presentation will be 90 minutes and each attendee is expected to stay for the entire day.

In accordance with Article 31, Section 5 of the A&R contract, members are entitled to ten (10) days of leave with pay per contract term for professional development. Request for leave must be in writing and submitted to your supervisor three weeks in advance.

You should not wait for notice of acceptance into the event from A&R before you submit your leave request to your supervisor. The Office of Labor Relations has approved this event for our members, so no further justification to attend under Professional Leave is necessary.

Online registration is preferred, but in-person registration is also accepted by completing this form and dropping it off at the union office.

To register online, simply follow [this link](#)

Space is limited so we cannot guarantee all applicants can attend this event.

NAME: _____ CELL #: _____

HOME ADDRESS: _____

HOME E-MAIL: _____

JOB TITLE: _____ AGENCY: _____