

**PROFESSIONAL DEVELOPMENT SEMINAR  
WATER'S EDGE, WESTBROOK, CT  
Friday November 3, 2017**

In accordance with Article 31, Section 5 of the A&R contract, members are entitled to ten (10) days of leave with pay per contract term for professional development.

**Request for leave must be in writing and submitted  
to your supervisor at least three weeks in advance.**

You should not wait for notice of acceptance into the conference from A&R before you submit your request to your supervisor. The Office of Labor Relations has approved these programs.

**REGISTRATION:**

Mail this registration form to:

A&R Employees Union  
805 Brook Street Building 4  
Rocky Hill, CT 06067

No fax, email or drop off forms will be accepted, all forms must be mailed.  
Space is limited so we cannot guarantee all applicants will be accepted to this event.

NAME: \_\_\_\_\_ CELL # \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

HOME E-MAIL: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

JOB TITLE: \_\_\_\_\_ AGENCY: \_\_\_\_\_

**EVENT DETAILS:**

The conference check-in will be at 8:00am with sessions starting at 8:30am. This will be an all-day event consisting of 3 workshops. Coffee in the morning and lunch at mid-day. Each attendee will be assigned to either Session A or Session B.

Session A will be ***Time Management*** in the early morning followed by ***Positively Stressed*** in the late morning with presenter Carol Ann Small.

Session B will be ***Happiness in the Workplace*** in the early morning followed by ***De-Stress and Get Motivated*** in the late morning with presenter Ken Steller.

*Lunch Will Be Served.*

***After the lunch break:***

Session A attendees will report to Session B for ***Happiness in the Workplace***.

Session B attendees will report to Session A for ***Time Management***.